

# es mazine

21 January 2011

## 'SEXY MOI?'

MARC  
JACOBS  
WANTS TO  
DRESS HER,  
RIHANNA  
WANTS TO  
UNDRESS HER...  
WHY EVERYONE  
WANTS A  
PIECE OF  
LAETITIA  
CASTA

RICHES  
TO RAGS  
THE GIRL  
CAUGHT UP IN  
THE £400M  
DIVORCE

PLUS  
HOW TO WIN  
OSCARS AND  
INFLUENCE PEOPLE

HYDRATE EXPECTATIONS Intensive moisturisers



From top to bottom, left to right: **RéVive** Intensive Moisture Serum Extrême helps promote cell renewal, £220, at spacenk.co.uk **Perricone MD** Intensive Moisture Therapy instantly absorbs into the skin, £98 (perriconemd.co.uk) **Laura Mercier** Mega-moisturizer Cream with SPF 15 contains argan oil and jojoba to help keep skin plump, £75 at Selfridges (0800 123 400) **Chanel** Hydramax + Active Nutrition nourishing cream is lightly fragranced with peony and white peach, £46 (020 7493 3836) **Institut Esthederm** Hydra System helps the skin to find its perfect moisture balance, £35.83, at feelunique.com **Antonia Burrell** Cream Supreme not only moisturises but also helps to fight acne and other imperfections, £55, at beautiful.com **Anne Semonin** Cream Mask is made with seaweed and kaolin for natural moisturising, £40, at liberty.co.uk **Kiehl's** Ultra Facial Cream is very light yet delivers a boost of moisture that lasts 24 hours, £23.50 (kiehls.co.uk) **Aromatherapy Associates** Rich Repair Nourishing Cream renews the skin's vitality with organic ingredients such as patchouli oil to help maintain moisture levels, £53 (aromatherapyassociates.com) **Jurlique** Moisture Replenishing Day Cream is packed with jojoba, shea butter and natural antioxidants that help to reduce fine lines, £27.50, at spacenk.co.uk **REN** Max Moisture Concentrate is formulated with hyaluronic acid to hydrate and replenish, £32 (renskincare.com) **Bobbi Brown** Extra Moisturizing Balm has petrolatum for a high level of hydration, £56.50 (bobbibrown.co.uk)

Three of the best facials

**1 The Elemis Pro-Collagen Quartz Lift** facial claims to reduce wrinkles by 94 per cent. It began with my therapist Lola taking a hi-tech photograph of my skin, highlighting problems such as dehydration and UV damage. My biggest flaw was lack of elasticity - nothing that a bit of facial massage, exfoliation with a papaya concoction and a mask containing quartz and tourmaline (to 're-energise cell communication') couldn't help. Afterwards my skin looked hydrated and smooth. Lancashire Court, W1; £115 for 75 minutes (0870 410 4210).

**2 The Diamond Facial at Carol Joy** is designed to rebalance skin and concentrate on specific concerns and my skin was in need of some TLC. Tucked away on Draycott Avenue in Chelsea, the spa looks more like a boutique hotel. The facial includes a cleansing steam and a deep exfoliation to remove any dead skin cells, followed by the specialised Carol Joy intensive face, scalp, neck and shoulder massage. A hydrating mask was then applied, leaving my skin visibly brighter. £135 for 90 minutes (020 7581 5222).

**3 Zoe Scott's Sensitive Facial** at Nyumba on Mount Street, W1, aims to soothe a distressed and reddened epidermis, making it an ideal treatment for anyone with rosacea. Gentle cleansing products from Dermalogica are used, such as the magical Daily Microfoliant, which contains rice extract, to gently exfoliate and hydrate the skin. Finally, my skin was massaged with a delicious-smelling pear and lily moisturiser, leaving me with a healthy glow and not a patch of red. £77 for 75 minutes (020 7408 1489).