



BY JINGO,  
IF IT'S NOT  
*JESSIE J!*

**Little Black Book Britain**

60 essential addresses –  
from home-grown fashion  
stars to the hippest hotels

**The best a man can get...**

Toby Young on why British  
women are a breed apart

**Hicks in the sticks**

At home with interior  
design's Mr Illustrious

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**FOOD**

*A slice of life: the country  
in fabulous cake recipes*

**BEST OF BRITISH SPECIAL**



## The Treatment

### ANTONIA BURRELL NATURAL CORRECTIVE FACE LIFT FACIAL

During her fabled 48-point face-lifting massage, Burrell shapes and sculpts muscles using her range of scented oils, leaving your complexion firm and bright. £120 for 90 minutes at the Urban Retreat at Harrods, from 15 to 20 May (020 7893 8333)

### BEAUTY SPOT

HOW TO USE DRY SHAMPOO

'To ensure that your dry shampoo doesn't make your roots look chalky and grey, spray it on to a paddle hair brush followed by some hairspray, then brush from the roots to the ends. Your hair will instantly look clean and shiny'  
Adam Reed, L'Oréal Paris



What's in my make-up bag?

Alice Temperley

fashion designer



**EXOTIC FRANGIPANI MONOI MOISTURE MELT** £29.70, by Elemis, from timetospa.co.uk. This oil is my absolute favourite – a real evening treat. It smells of exotic frangipani flowers, which I love

**COEUR DE FLEUR EAU DE TOILETTE** £65, by Miller Harris, from liberty.co.uk. This is my staple fragrance – light and fresh. You should always use a scent that makes you feel good

**JUST SKIN TINTED MOISTURIZER**

£55, by Chantecaille, from spacenk.co.uk. This is the perfect no-fuss skin base. It is very, very light and undetectable

**RESCUE REMEDY SPRAY**

£8.22, by Bach, from boots.com. I always keep this handy, especially when travelling. It's useful when I want to relax after a hard day's work

**ROUGE COCO LIPSTICK IN 'PARIS'** £21.50, by Chanel, from debenhams.com. Wearing red on my lips makes me feel dressed. I always have this in my handbag, and it doubles up as a blusher, too. My two-year-old son loves playing with it!