

# Stella

LOOK SHARP!  
LONDON  
FASHION  
WEEK HAS  
LANDED



**Cult following**  
Life after liberation  
from a religious sect

**Mayfair to bust**  
The society dressmaker  
who ended her days  
destitute and disgraced

**Totally tropical**  
An amazing home deep  
in the rainforest

.....  
**FOOD**  
*Cheesy does it:  
heart-meltingly good  
Alpine recipes*

# Every breath you take

Aromatherapy-inspired products to soothe body and mind

**EVENING PRIMROSE FACIAL OIL** £36, by *Cowshed* ([cowshedonline.com](http://cowshedonline.com)). This light formula works best on troubled complexions. Use in the mornings after cleansing – the hint of lemon oil acts as an antibacterial, as well as brightening your mood.

**GRAPEFRUIT AND BERGAMOT CANDLE** £37.50, by *Neom* ([neomorganics.com](http://neomorganics.com)). It's amazing what a candle can do to cheer you up. Light for 30 minutes in the morning and breathe in the deliciously refreshing aroma for a great start to your day.

**REVIVE MORNING BATH AND SHOWER OIL** £37, by *Aromatherapy Associates* ([aromatherapyassociates.com](http://aromatherapyassociates.com)). Rub this powerful and fragrant mix of geranium, patchouli and ylang-ylang on to the neck and chest before showering.

**AMAZING FACE MOISTURISER** £38, by *Emma Hardie* ([emmahardie.com](http://emmahardie.com)). Massage this on in the mornings if you suffer from dry patches or uneven texture. The extra-nourishing blend of moringa seeds, neroli and mandarin wakes up mind and complexion.

**SUPERSKIN CONCENTRATE** £37.80, by *Liz Earle* ([uk.lizearle.com](http://uk.lizearle.com)). Work this cult night-time serum into your skin before you go to bed and the warming mix of neroli, lavender and camomile will linger for ages, helping you drift off to sleep.

**NATURAL GLOW CLEANSING OIL** £42.50, by *Antonia Burrell* ([antoniaburrell.com](http://antoniaburrell.com)). We can't get enough of this cleanser. The uplifting mix of bitter orange and lemon oils melts into the skin, lifting away dirt and leaving your face amazingly soft.

